



La Selva
Amazon Ecolodge & Spa

La Selva SPA

Inspired by the natural beauty and essence of the Amazon, indulge in traditionally crafted treatments provided by our certified massage therapist.

Choose any of the massages below to restore vitality, health and wellness to your body.

Complete Massage

\$80



Let the sounds of the Amazon Rainforest and the unique location of our Spa relax your body. Enjoy a 60 minute full-body massage with scented oils and capable hands that will ease away any tension and stress.



60 Minutes

Reflexology

\$55



At La Selva we believe in the wisdom of nature and alternative medicine. Reflexology is the practice of applying pressure over certain areas to release stress and heal the body. At the end of these 30 minutes of therapy, you'll notice your energy returning, improved by our expert therapist.



30 Minutes

Back and Shoulder Massage

\$40



Our back and shoulders are the most common points where stress is carried. During our 30-minute massage our therapist will relieve you of the accumulated stress with the use of special massage techniques and the best therapeutic products.



30 Minutes

Hand and Foot Massage plus \$75 Manicure and Pedicure



After an exciting day of adventure there is no better way to pamper yourself than a hand and foot massage with combined mani-pedi.



60 Minutes

Leg and Calf Massage

\$40



Invigorating trekking through the Amazon forest deserves an award! Give your legs and calves what they are dreaming of while our dedicated massage therapist makes sure you walk out feeling relaxed and ready for your next adventure.



30 Minutes

Facial Massage

\$40



Spoil yourself with La Selva's special facial massage. Using only the most delicate products, your skin will be left feeling soft and supple.



30 Minutes

Exfoliation

\$80



In addition to our special body massage, we also offer you an exfoliation therapy that's gentle but effective. Our therapy will make any and all imperfections seem to disappear.



60 Minutes

Natural Yucca Mask (Cassava)

\$40



This is a mask made of yucca, also known as cassava. It is easily absorbed and improves the texture and condition of your skin while also softening and brightening your complexion. One of the major benefits of the yucca is that it acts as a moisturizer and energizer providing more elasticity.



45 Minutes

Energizing Bath with Copal Tree Leaves

\$90



This bath is a great way to restore energy and bring an overall feeling of peace. The Copal tree leaves provide the body with the powerful energy of the sun and transmit properties of the earth. It is a gentle healer that removes negative energies and is tied to physical, energetic and mental health. The Copal leaves combined with a special mineral bath reduces blood pressure, increases motivation, increases self-esteem, stimulates concentration, decreases insomnia, fights headaches and creates a feeling of well-being and happiness.



60 Minutes

Silk Bath

\$95



This spa session combines a total-body exfoliation segment with honey and brown sugar to rejuvenate your skin with a healthy glow. Afterwards step into a bath infused with a mixture of sweet spices like cinnamon, rose essence, and ishpingo that comes from a native Ecuadorian tree that is similar to cinnamon.



75 Minutes

Amazonian Bath

\$90



For a complete 60 minutes you can relax and enjoy both a massage with almond oil and bath infused with Amazonian herbs and the energizing guayusa leaves that are only native to the Amazon Rainforest. The leaves are known to offer stimulating properties.



60 Minutes

Hot Stone Massage

\$90



This therapy combines a traditional therapeutic massage with the application of warm stones on the skin at varying temperatures in order to facilitate the flow of vital energy throughout the body. This type of treatment is known to improve the functions of your body while reducing chronic pain, especially in the bones and muscles, which help balance both nervous and circulatory systems.



60 Minutes

Children's Massage

\$50



This massage is specially designed for children who would also like to get a spa treatment. It is available for children ages 4-12. The therapy is gentle and relaxing and promotes better sleep and blood circulation while also reducing stress and anxiety levels.



40 Minutes